

JOB DESCRIPTION: CONSULTANT CLINICAL PSYCHOLOGIST, HEALTHY CIITIES PROJECT, MATERNAL AND CHILD HEALTH PROGRAM, MALVANI



ABOUT SNEHA

A secular, Mumbai-based non-profit organisation, SNEHA believes that investing in women's health and wellbeing is essential to building viable urban communities. SNEHA targets four large public health areas: maternal and newborn health, child health and nutrition, sexual and reproductive health, and prevention of violence against women and children.

Our approach is two-pronged: it recognises that in order to improve urban health standards, our initiatives must target both care-seekers and care-providers. We work to empower women and residents of informal settlements to be catalysts of change in their own right and collaborate with existing public systems to create sustainable improvements in gender and urban health.

The Healthy Cities Program (HCP)

Goal of the program-

Facilitating an environment conducive to optimum growth and development of children in informal urban settlements of PN Ward of Mumbai

“Nurturing care” Intervention model addresses planned parenthood, maternal health and nutrition, sexual and reproductive health, child health, development and nutrition and prevention of violence against women and children for improved health and nutrition status of children through a continuum of care approach. Program works on an integrated life cycle approach that addresses critical first 1000 days’ period, the period from the start of a mother’s pregnancy through her child’s second birthday with an extension of children in the age group from 2 to 3 years. To ensure sustainability and continuity of its work, SNEHA works closely with the Integrated Child Development Services scheme as well as with the hospitals and health systems of the Municipal Corporation to achieve its outcomes.

THE PROFILE

The clinical psychologist will provide clinical interventions to women facing mental health conditions at the counseling center in Aazmi nagar, Malvani intervention areas. The role will involve psychological testing, help in diagnosis of psychological, personality and clinical disorders. The role entails mental health and therapeutic counselling and coordinating referrals of beneficiaries with moderate and severe mental health conditions. The clinical psychologist requires in-depth knowledge on therapeutic interventions and skills to ensure timely referral to appropriate facility for further management and treatment of condition.

They must demonstrate specialized knowledge and possess expertise in the specific issues that a woman may face, and know how to deal with them in the most effective manner. They must possess Knowledge of psychological theory and practice, an ability to relate to and empathize with a range of

people, good team working skills, excellent communication skills, demonstrate sensitive listening and questioning skills.

The clinical counselling psychologist reports to Associate Program Director – Healthy Cities Program with timely technical guidance and support from PVWC Program Director to take inputs to deal with psychological interventions of complicated mental health cases.

JOB LOCATION

Aazmi Nagar, Malvani, Malad.

DUTIES & RESPONSIBILITIES:

Work package 1: Psychotherapeutic interventions

- Providing - psychotherapeutic interventions to women with mental health conditions requiring immediate attention
- Conducting clinical assessment by interviewing women looking at their medical records and clinical observations
- Administering psychological testing to diagnose psychological, emotional or behavioral disorders amongst women
- Designing behavior modification programs after diagnosing the problem
- Devising, developing and implementing therapy or treatment for individual women, couple or family
- Observing, monitoring and testing the right therapy for its effectiveness
- Steer the workshops client experiences to facilitate meaningful discussions

Work package 2: Training and support

- Coordination with community teams to ensure comprehensive care
- Make home visits along with the field teams during the times when client is unable to visit the counseling center
- Co-facilitate sessions with community organiser and coordinate with counsellor so that follow up of client is ensured.
- Creating an understanding amongst the team members and community members by training on Mental Health Issues.

Work package 3: Documentation and reporting

- Maintain data of all the clients in comm care formats
- Maintaining accounts and keeping records of a client's progress

- Maintain documentation required in the project; preparation of tables and charts in Word, Excel and PowerPoint
- Make analysis of the client records and keep APDs/PD informed of the emerging trends
- Participation and contribution to the other activities and events of the Healthy Cities Program.

MANAGEMENT & REPORTING:

- Effective coordination with team members: setting clear expectations, tracking progress of the women
- Ability to collaborate with different stakeholders in the field.
- Work according to the ethical standards of the project and the organization.
- Networking and coordination with facilities supporting for therapy and treatment
- Clinical psychologist reports and keeps both the APDs updated of their work

QUALIFICATIONS & EXPERIENCE:

Educational qualification:

- Master's Degree or higher in a relevant field (Clinical Psychology or Mental health, preferably worked for children with special need, nutrition and health) from a recognized institution.
- At least 3 years of work experience in the area of clinical psychology
- Experience of working in a community setting is preferred.
- Experience of working in the sector of gender, gender-based violence will be an advantage
- Experience in working with the behavior of adolescents.
- Effective training skills; excellent communication skills and documentation.
- Well-versed in data management; data collection; MS Excel, Word, PowerPoint.
- Oral and written command of English and Hindi and Marathi (preferable).

Skills and Competencies

- Strong skills in testing, assessment, and therapy
- Effective coordination with a team member: setting clear expectations, tracking progress, and communicating information people need on their jobs.
- Ability to collaborate with a variety of stakeholders in the field.
- Work according to the ethical standards of the project and the organization.

Personal Attributes:

- Commitment to gender equality.
- Achievement mindset to accomplish project goals.
- Effective communication, personal, and interpersonal skills.
- Sound values and work ethics.
- Open to diversity and respect for everyone.

Applications to be sent via email to damini.pandey@snehamumbai.org with Subject line: "Consultant Clinical Psychologist"