

## JOB DESCRIPTION: CONSULTANT CLINICAL PSYCHOLOGIST, EHSAS



### ABOUT SNEHA

A secular, Mumbai-based non-profit organisation, SNEHA believes that investing in women's health is essential to building viable urban communities. SNEHA is 450+ person strong, innovative and progressive organization that works on health and nutrition in urban slum pockets with women and their families. SNEHA follows the life-cycle approach to health and nutrition, by intervening at critical junctures (adolescence, preconception, conception, pregnancy, postnatal, infancy and toddlerhood, family planning) to ensure improved health and nutritional outcomes for women and children living in some of Mumbai's most vulnerable and deprived slums and in the Mumbai Metropolitan Region (MMR) as well.

SNEHA recognises that, in order to improve urban health standards, our initiatives must target both care seekers and care providers. We work with communities residing in informal settlements to empower women and communities to be catalysts of change in their own right and collaborate with existing public health systems and health care providers to create sustainable improvements in urban health. We have currently different programs running across SNEHA which are Maternal and Child Health (MNH), Empowerment, Health and Sexuality of Adolescents (EHSAS), Prevention of Violence against Women and Children (PVWC), Public System Partnerships, Palliative Care, Livelihood Generation, Central Operations, Research and IM.

### ABOUT THE PROGRAM

Our vision of the EHSAS Program is to enable the health and wellbeing of adolescents and youth, and transform them into healthy, gender-sensitive and responsible citizens. The program's focus is on: 1. Health, 2. Gender equality, 3. Sexuality, 4. Prevention of violence against women and children, 5. Participation

An important learning from our intervention has been that the program requires a long term plan with creative strategies to sustain the interest of adolescents, and this helps to reduce the rate of attrition in the program. The information provided through participatory group education sessions if coupled with interesting activities, wherein adolescents get an opportunity to explore precarious and unanswered questions, leads to self and peer learning. We are introducing information, communication and technology in our program. We are in the process of developing app for adolescents.

### THE PROFILE

The role of clinical psychologist is necessary for screening, identification and planning treatment for adolescents in schools with mental health issues. the role also requires enabling EHSAS team to integrate mental health intervention

### JOB LOCATION

Kalwa East and West

### DUTIES & RESPONSIBILITIES:

- Demonstrate and deal with adolescents with mental health issues effectively.
- To identify assess and test different screening tools that can be used for mental health intervention
- To screen adolescents in schools / communities where EHSAS is working for mental health issues and plan appropriate interventions along with the program team
- To conceptualize EHSAS mental health intervention in a larger context

- To build the capacity of staff to deliver sessions on emotional resilience and analysis of pre and post intervention on emotional resilience
- To co-ordinate with team for developing manual for barefoot counsellors
- To Co-ordinate with team for conducting capacity building workshops with barefoot counsellors
- To build the capacity of ICDS and health post staff
- To assist EHSAS team in introducing mental health intervention in other sites

#### **MANAGEMENT & REPORTING**

- Report daily to the Associate Program Director EHSAS.
- Manage data capture, storage, analysis and reports.
  
- Contribute to the organizational culture and work of SNEHA to an appropriate degree

#### **QUALIFICATIONS & EXPERIENCE**

- Qualification: M A in Clinical Psychology
- Experience in Clinical Psychology practice
- Ability to train staff on adolescent mental health issues.

#### **SKILLS & COMPETENCIES**

- Ability to carry out mental health screening, analyse data and plan treatment for those identified with issues.
- Excellent skills of interpersonal communication, presentation skills, writing in English, analysis of complex documents
- Education - Masters level in Clinical Psychology
- Interest in adolescent mental health issues
- Fluency in English, Hindi and Marathi.
- Self-starting and self-monitoring abilities.
- Flexibility in time management.
- Willingness to travel within Mumbai and Thane city
- Understanding of the policies related to adolescent health and mental health in particular in government programs
- Negotiation skills.

Applications

To be sent via email to [damini.pandey@snehamumbai.org](mailto:damini.pandey@snehamumbai.org) with Subject line: "Consultant Clinical Psychologist"