

JOB Description:



CONSULTANT CLINICAL PSYCHOLOGIST – JANTA & INDIRA NAGAR (MANKHURD)

ABOUT SNEHA

A secular, Mumbai-based non-profit organisation, SNEHA believes that investing in women's health and wellbeing is essential to building viable urban communities. SNEHA targets four large public health areas: maternal and newborn health, child health and nutrition, sexual and reproductive health, and prevention of violence against women and children.

Our approach is two-pronged: it recognises that in order to improve urban health standards, our initiatives must target both care-seekers and care-providers. We work to empower women and residents of informal settlements to be catalysts of change in their own right and collaborate with existing public systems to create sustainable improvements in gender and urban health.

THE PROGRAM – SNEHA Centre

SNEHA Centre Program address planned parenthood, maternal health and nutrition, sexual and reproductive health, child health and nutrition also the prevention of violence against women and children using an integrated life cycle approach that addresses critical first 1000day period, the period from the start of a mothers pregnancy through her child's second birthday. The model encompasses thematic areas viz. maternal and new born health, child health and nutrition, family planning and prevention of violence against women and children. The intervention strategies include home visits by trained community organizers to identify health problems, monthly anthropometry of children to identify malnourished children, provide health information for a range of services, community awareness sessions, life skills education sessions for adolescents, counselling services and community based distribution of contraceptives, anemia screening camps for pregnant and lactating mothers. The intervention model includes public health systems to improve referral linkages and to increase utilization of health care services provided by them. The project adopts this approach and works to create a collective vision and facilitates individuals, families, communities and health systems to realize that vision. The project aims to improve the health and nutritional status of married women and of children under six years of age in vulnerable communities of Mankhurd-Govandi.

SNEHA Center Program's intervention on Prevention of Violence against Women and Children aims to develop high-impact strategies for primary prevention, ensure survivors' access to protection and justice, empower women to claim their rights, mobilize communities around 'zero tolerance for violence, and respond to the needs and rights of excluded and neglected groups. The Program prioritizes enhanced coordination of the state response to crimes against women through a convergence approach that works with government and public systems to reinforce their role in assuring basic social, civil, and economic security. Primary preventive interventions are carried out through community outreach programs and campaigns. Secondary interventions for survivors of violence are provided through a comprehensive service-oriented system.

THE PROFILE

The clinical psychologist will provide clinical interventions to women facing mental health conditions at the counseling center in Mankhurd intervention areas. The role will involve psychological testing, help in diagnosis of psychological, personality and clinical disorders. The role entails mental health and therapeutic counselling and coordinating referrals for survivors of violence with survivors of violence with moderate and severe mental health conditions. The clinical psychologist requires in-depth knowledge on therapeutic interventions and skills to ensure timely referral to appropriate facility for further management and treatment of condition.

They must demonstrate specialized knowledge and possess expertise in the specific issues that a woman may face, and know how to deal with them in the most effective manner. They must possess Knowledge of psychological theory and practice, an ability to relate to and empathize with a range of people, good team working skills, excellent communication skills, demonstrate sensitive listening and questioning skills.

The Clinical counseling psychologist reports to Program Coordinator- Counseling and adolescent intervention (SNEHA Center) and will take inputs from the assigned Associate Program Director, or Project Coordinator from central PVWC in the intervention of complicated mental health cases. The psychologist will work with the core team of clinical psychologists to contribute in development of modules and manuals.

JOB LOCATION

Janta Nagar-Indira Nagar, Mankhurd.

DUTIES & RESPONSIBILITIES:

Work package 1: Psychotherapeutic interventions

- Providing - psychotherapeutic interventions to women facing domestic violence, intimate partner violence, mental health issue of adolescents and attending to clients with mental health conditions requiring immediate attention
- Conducting clinical assessment by interviewing women , adolescents looking at their medical records and clinical observations
- Administering psychological testing to diagnose psychological, emotional or behavioral disorders amongst women facing violence, adolescents facing mental health issues
- Designing behavior modification programs after diagnosing the problem
- Devising, developing and implementing therapy or treatment for individual women, couple or family
- Observing, monitoring and testing the right therapy for its effectiveness
- Steer the workshops client experiences to facilitate meaningful discussions

Work package 2: Training and support

- Coordination with community teams to ensure comprehensive care
- Make home visits along with the field teams during the times when client is unable to visit the counseling center
- Co-facilitate sessions with Counselor and coordinate with counselor so that follow up of client is ensured.
- Creating an understanding amongst the CAG's , volunteers, adolescent change makers by training on Mental Health Issues.

Work package 3:

- Creating modules to train Adolescents Change-maker, CAG's, Male Volunteers and community volunteers in mental health understanding and intervention.

Work package 4: Documentation and reporting

- Maintain CGI data of all the clients.
- Maintaining accounts and keeping records of a client's progress

- Maintain documentation required in the project; preparation of tables and charts in Word, Excel and PowerPoint
- Make analysis of the client records and keep APDs/PD informed of the emerging trends
- Participation in periodic meetings, trainings and contribution to the other activities and events of the SNEHA Center Program.

MANAGEMENT & REPORTING:

- Effective coordination with team members: setting clear expectations, tracking progress of the women
- Ability to collaborate with different stakeholders in the field.
- Work according to the ethical standards of the project and the organization.
- Networking and coordination with facilities supporting for therapy and treatment
- Clinical psychologist reports and keeps both the APDs updated of their work
- Database management in comcare application and as required in prescribed formats

QUALIFICATIONS & EXPERIENCE:

Educational qualification:

- Master's Degree or higher in a relevant field (Clinical Psychology or Mental health) from a recognized institution.
- At least 3 years of work experience in the area of clinical psychology
- Experience of working in a community setting is preferred.
- Experience of working in the sector of gender, gender-based violence will be an advantage
- Experience in working with the behavior of adolescents.
- Effective training skills; excellent communication skills and documentation.
- Well-versed in data management; data collection; MS Excel, Word, PowerPoint.
- Oral and written command of English and Hindi and Marathi (preferable).

Managerial competencies

- Strong skills in testing, assessment, and therapy
- Effective coordination with a team member: setting clear expectations, tracking progress, and communicating information people need on their jobs.
- Ability to collaborate with a variety of stakeholders in the field.
- Work according to the ethical standards of the project and the organization.

Personal Attributes:

- Commitment to gender equality.
- Achievement mindset to accomplish project goals.
- Effective communication, personal, and interpersonal skills.
- Sound values and work ethics.
- Open to diversity and respect for everyone.

Applications to be sent via email to damini.pandey@snehamumbai.org with Subject line: "SNEHA CENTRE-CLINICAL PSYCHOLOGIST – JANTA-INDIRA NAGAR (MANKHURD)"