

## Consultant Clinical Psychologist, Prevention of Violence against Women and Children



### About SNEHA

A secular, Mumbai-based non-profit organisation, SNEHA believes that investing in women's health is essential to building viable urban communities. SNEHA is 450+ person strong, innovative and progressive organization that works on health and nutrition in urban slum pockets with women and their families. SNEHA follows the life-cycle approach to health and nutrition, by intervening at critical junctures (adolescence, preconception, conception, pregnancy, postnatal, infancy and toddlerhood, family planning) to ensure improved health and nutritional outcomes for women and children living in some of Mumbai's most vulnerable and deprived slums and in the Mumbai Metropolitan Region (MMR) as well.

SNEHA recognizes that, in order to improve urban health standards, our initiatives must target both care seekers and care providers. We work with communities residing in informal settlements to empower women and communities to be catalysts of change in their own right and collaborate with existing public health systems and health care providers to create sustainable improvements in urban health. We have currently 11 programs running across SNEHA which are Maternal and Newborn Health (MNH), Child Health and Nutrition (CHN) – Aahar, Empowerment, Health and Sexuality of Adolescents (EHSAS), Prevention of Violence against Women and Children (PVWC) (e) SNEHA Centre, SNEHA Shakti, Healthy Cities Project (HCP), Palliative Care, Livelihood Generation, Central Operations, Monitoring, Research and Evaluation.

### ABOUT THE PROGRAM

SNEHA's Program on Prevention of Violence against Women and Children (PVWC) aims to develop high-impact strategies for primary prevention, ensure survivors' access to protection and justice, empower women to claim their rights, mobilise communities around 'zero tolerance for violence', and respond to the needs and rights of excluded and neglected groups. The Program prioritizes enhanced co-ordination of the state response to crimes against women through a convergence approach that works with government and public systems to reinforce their roles in assuring basic social, civil and economic security.

The program is moving into the next phase of work with an aim to strengthen community stewardship and ownership to address gender-based violence by integrating and broadening primary and secondary interventions, build sustainability and consolidate the evidence on gender-based violence programs. The program will provide tertiary interventions on therapeutic and mental health counselling through the service delivery component.

## **THE PROFILE**

The clinical psychologist will provide clinical interventions to women facing mental health conditions at the counseling center in Dharavi and Govandi intervention areas. The role will involve psychological testing, administration of a battery of tests that help in diagnosis of psychological, personality and clinical disorders. The role entails mental health and therapeutic counselling and coordinating referrals for survivors of violence with survivors of violence with moderate and severe mental health conditions. - The clinical psychologist requires in-depth knowledge on therapeutic interventions and skills to ensure timely referral to appropriate facility for further management and treatment of condition.

They must demonstrate specialized knowledge and possess expertise in the specific issues that a woman may face, and know how to deal with them in the most effective manner. They must possess Knowledge of psychological theory and practice, an ability to relate to and empathize with a range of people, good team working skills, excellent communication skills, demonstrate sensitive listening and questioning skills.

The Clinical counselling psychologist reports to Associate Program Director and will take inputs from the Program Director in the intervention of complicated mental health cases. The psychologist will work with the core team of clinical psychologists to contribute in development of modules and manuals.

## **JOB LOCATION**

Govandi and Dharavi

## **DUTIES & RESPONSIBILITIES:**

### **Work package 1: Psychotherapeutic interventions**

Providing - psychotherapeutic interventions to women facing domestic violence, intimate partner violence, attending to clients with mental health conditions requiring immediate attention

Conducting clinical assessment by interviewing women looking at their medical records and clinical observations

Administering psychological testing to diagnose psychological, emotional or behavioral disorders amongst women facing violence

Designing behavior modification programs after diagnosing the problem

Devising, developing and implementing therapy or treatment for individual women, couple or family

Observing, monitoring and testing the right therapy for its effectiveness

Steer the workshops client experiences to facilitate meaningful discussions

## **Work package 2: Training and support**

Coordination with community teams to ensure comprehensive care

Make home visits along with the field teams during the times when client is unable to visit the counseling center

Co-facilitate sessions with Counsellor and coordinate with counsellor so that follow up of client is ensured.

Creating an understanding amongst the Sanginis and volunteers on training primary care givers of survivors suffering from mental health conditions on care of survivors

## **Work package 3:**

Co-creating modules to train community volunteers in mental health understanding and intervention

## **Work package 4: Documentation and reporting**

Maintaining accounts and keeping records of a client's progress

Maintain documentation required in the project; preparation of tables and charts in Word, Excel and PowerPoint

Make analysis of the client records and keep APDs/PD informed of the emerging trends

Participation and contribution to the other activities and events of the Gender Matters project of PVWC Program.

## **MANAGEMENT & REPORTING:**

Effective coordination with team members: setting clear expectations, tracking progress of the women

Ability to collaborate with different stakeholders in the field.

Work according to the ethical standards of the project and the organization.

Networking and coordination with facilities supporting for therapy and treatment

Clinical psychologist reports and keeps both the APDs updated of their work

## **QUALIFICATIONS & EXPERIENCE:**

**Educational qualification:** Master's Degree or higher in a relevant field (Clinical Psychology or Mental health) from a recognized institution.

At least 3 years work experience in the area of clinical psychology

Experience of working in a community setting is preferred.

Experience of working in sector of gender, gender-based violence will be an advantage

Effective training skills; excellent communication skills and documentation.

Well-versed in data management; data collection; MS Excel, Word, PowerPoint.

Oral and written command of English and Hindi and Marathi (preferable)

**Skills & Competencies:**

Strong skills of testing, assessment and therapy

Skills in working on women centric issues

Strong interpersonal skills with an ability to be humble is required

Understanding the woman from her culture of marginalized urban settlements will be important

Team work with the Coordinators and Counselors of the program.

**Applications to be sent via email to [damini.pandey@snehamumbai.org](mailto:damini.pandey@snehamumbai.org) with Subject line: "Consultant Clinical Psychologist \_PVWC"**