

## YOGA TEACHER, ROMILA PALLIATIVE CARE

### ABOUT SNEHA

A secular, Mumbai-based non-profit organisation, SNEHA believes that investing in women's health is essential to building viable urban communities. SNEHA targets four large public health areas: Maternal and Newborn Health, Child Health and Nutrition, Sexual and Reproductive Health and Prevention of Violence against Women and Children.

Our approach is two-pronged: it recognises that in order to improve urban health standards, our initiatives must target both care seekers and care providers. We work at the community level to empower women and slum communities to be catalysts of change in their own right and collaborate with existing public health systems and health care providers to create sustainable improvements in urban health.

### ABOUT THE PROGRAM

'Romila Palliative Care' - supports patients with life-limiting illnesses, primarily those with cancer. 'Romila' means 'heartfelt' and symbolizes the loving, compassionate and competent care that this project hopes to provide patients to enable them to live a life of dignity and hope through their illness. It will also support their family and care-givers to help them look after the patient better, with greater assurance and confidence.

### THE ROLE

We would like to start Yoga sessions for RPC patients and caregivers

Yoga Teacher needs to take 12 sessions per month and some additional need based activities.

Location

Bandra

### APPLICATIONS

Applications to be sent via email to [damini.pandey@snehamumbai.org](mailto:damini.pandey@snehamumbai.org) with Subject line: "Yoga Teacher - RPC"