



CLINICAL PSYCHOLOGIST, HEALTHY CITIES PROJECT

ABOUT SNEHA

A secular, Mumbai-based non-profit organisation, SNEHA believes that investing in women's health is essential to building viable urban communities. SNEHA is 450+ person strong, innovative and progressive organization that works on health and nutrition in urban slum pockets with women and their families. SNEHA follows the life-cycle approach to health and nutrition, by intervening at critical junctures (adolescence, preconception, conception, pregnancy, postnatal, infancy and toddlerhood, family planning) to ensure improved health and nutritional outcomes for women and children living in some of Mumbai's most vulnerable and deprived slums and in the Mumbai Metropolitan Region (MMR) as well.

SNEHA recognises that, in order to improve urban health standards, our initiatives must target both care seekers and care providers. We work with communities residing in informal settlements to empower women and communities to be catalysts of change in their own right and collaborate with existing public health systems and health care providers to create sustainable improvements in urban health. We have currently 11 programs running across SNEHA which are Maternal and Newborn Health (MNH), Child Health and Nutrition (CHN) – Aahar, Empowerment, Health and Sexuality of Adolescents (EHSAS), Prevention of Violence against Women and Children (PVWC) (e) SNEHA Centre, SNEHA Shakti, Healthy Cities Project (HCP), Samagra, Palliative Care, Livelihood Generation, Central Operations, Research and IM.

ABOUT THE PROGRAM –

Goal of the program-

Facilitating an environment conducive to optimum growth and development of children in informal urban settlements of PN Ward of Mumbai

“Nurturing care” Intervention model addresses planned parenthood, maternal health and nutrition, sexual and reproductive health, child health, development and nutrition and prevention of violence against women and children for improved health and nutrition status of children through a continuum of care approach. Program works on an integrated life cycle approach that addresses critical first 1000 days’ period, the period from the start of a mother’s pregnancy through her child’s second birthday with an extension of children in the age group from 2 to 3 years. To ensure sustainability and continuity of its work, SNEHA works closely with the Integrated Child Development Services scheme as well as with the hospitals and health systems of the Municipal Corporation to achieve its outcomes.

THE PROFILE –

The Counselling Psychologist will provide crisis and counselling interventions to women reporting abuse or violence and women facing any mental health condition with children less than 3 years of age at the counselling centre. The role will involve psychological testing, administration of a battery of tests that help in diagnosis of psychological, personality and clinical disorders. The clinical psychologist requires in-depth knowledge on therapeutic interventions. The incumbent also contributes to the development of the organisation’s and program’s vision and achievement of its goals. They must demonstrate specialised knowledge and possess expertise in the specific issues that women may face, and know how to deal with them in the most effective manner. The psychologist will work with the core team of clinical psychologists to contribute in development of modules and manuals.

JOB LOCATION – MALVANI, MALAD WEST

DUTIES & RESPONSIBILITIES:

Work package 1: Psychotherapeutic interventions

1. Providing - psychotherapeutic interventions to women facing domestic violence, intimate partner violence, attending to clients with mental health conditions requiring immediate attention
2. Conducting clinical assessment by interviewing women looking at their medical records and clinical observations
3. Administering psychological testing to diagnose psychological, emotional or behavioral disorders amongst women facing violence
4. Designing behavior modification programs after diagnosing the problem
5. Devising, developing and implementing therapy or treatment for individual women, couple or family
6. Observing, monitoring and testing the right therapy for its effectiveness
7. Steer the workshops client experiences to facilitate meaningful discussions

Work package 2: Training and support

1. Coordination with community teams to ensure comprehensive care
2. Make home visits along with the field teams during the times when client is unable to visit the counseling center
3. Co-facilitate sessions with Counsellor and coordinate with counsellor so that follow up of client is ensured.
4. Creating an understanding amongst the Sanginis and volunteers on training primary care givers of survivors suffering from mental health conditions on care of survivors

Work package 3:

Creating modules to train community volunteers in mental health understanding and intervention

Work package 4: Documentation and reporting

1. Maintaining accounts and keeping records of a client's progress
2. Maintain documentation required in the project; preparation of tables and charts in Word, Excel and PowerPoint
3. Make analysis of the client records and keep APDs/PD informed of the emerging trends
4. Participation and contribution to the other activities and events of the Gender Matters project of PVWC Program.

MANAGEMENT & REPORTING:

1. The position directly reports to program director (Prevention of violence against women and children program).
2. Effective coordination with team members: setting clear expectations, tracking progress of the women
3. Ability to collaborate with different stakeholders in the field.
4. Work according to the ethical standards of the project and the organization.
5. Networking and coordination with facilities supporting for therapy and treatment
6. Clinical psychologist reports and keeps PD and APD updated of their work

QUALIFICATIONS & EXPERIENCE –

1. Educational qualification: Master's Degree or higher in a relevant field (Clinical Psychology or Mental health) from a recognised institution.
2. At least 3 – 5 years work experience in the area of Clinical Psychology
3. Experience in development projects (health, violence, gender) an advantage.
4. Experience of working in a community setting is preferred.
5. Effective training skills and excellent communication skills, including documentation.
6. Oral and written command of Hindi, Marathi and English.

SKILLS & COMPETENCIES -

1. Strong skills of testing, assessment and therapy
2. Effective coordination with team members: setting clear expectations, tracking progress and communicating information people need on their jobs.

3. Ability to collaborate with a variety of stakeholders in the field.
4. Work according to the ethical standards of the project and the organisation.
5. Ability to relate to and empathize with a range of people
6. Good team working skills
7. Demonstrate sensitive listening and questioning skills.

**Applications to be sent via email to damini.pandey@snehamumbai.org with Subject line:
"CLINICAL PSYCHOLOGIST, Healthy Cities Project, Malwani"**