

JOB DESCRIPTION



Job ID: HCP|COC-HCP|HB|CP-01|ML|21

OPENING FOR: CONSULTANT CLINICAL PSYCHOLOGIST

NAME OF THE PROGRAM: HEALTHY CITIES PROJECT

ROLE REPORTS TO: ASSOCIATE PROGRAM DIRECTOR

JOB LOCATION: MALVANI- MALAD

Total No of Hours: 160 hour per month (Working 4 days a week -32 hour per week)

ABOUT THE PROGRAM

Healthy Cities Project intervention model address planned parenthood, maternal health and nutrition, sexual and reproductive health, child health and nutrition, early child hood development and care, psychological support to parents to support them for ensuring child development and also the prevention of violence against women and children. It uses an integrated life cycle approach that addresses critical first 1000 day period, the period from the start of a mothers pregnancy and extents till the child achieves 3 years of age.

The model encompasses thematic areas viz. maternal and new born health, child health and nutrition, family planning and prevention of violence against women and children. The intervention strategies include home visits by trained community organisers to identify health problems, monthly anthropometry of children to identify malnourished children, provide health information for a range of services, community awareness sessions, counselling services and community based distribution of contraceptives through government facilities, anaemia screening camps for pregnant and lactating mothers.

The intervention model includes public health systems to improve referral linkages and to increase utilization of health care services provided by them. The project adopts this approach and works to create a collective vision and facilitates individuals, families, communities and health systems to realize that vision. The project aims to improve the health and nutritional status of married women and of children under six years of age in vulnerable communities of Malvani.

Goal of the program-

Facilitating an environment conducive to optimum growth and development of children in informal urban settlements of PN Ward of Mumbai

“Nurturing care” Intervention model addresses planned parenthood, maternal health and nutrition, sexual and reproductive health, child health, development and nutrition and prevention of violence against women and children for improved health and nutrition status of children through a continuum of care approach. Program works on an integrated life cycle approach that addresses critical first 1000 days’ period, the period from the start of a mother’s pregnancy through her child’s second birthday with an extension of children in the age group from 2 to 3 years. To ensure sustainability and continuity of its work, SNEHA works closely with the Integrated Child Development Services scheme as well as with the hospitals and health systems of the Municipal Corporation to achieve its outcomes.

Purpose of the Role -

To undertake counselling and provide therapy based interventions to care givers of children less than 3 years of age facing mental health conditions

THE PROFILE

- The counselling psychologist will provide counselling interventions to women facing mental health conditions at the counselling centre.
- The role will involve psychological testing, administration of a battery of tests that help in diagnosis of psychological, personality and clinical disorders.

- The role entails case work interventions ascertaining the prognosis of the women's situation and defining the intervention plan with reference to counselling and mental health interventions to be followed up.
- The clinical psychologist requires in-depth knowledge on therapeutic interventions and skills to ensure timely referral to appropriate facility for further management and treatment of condition.
- They must demonstrate specialised knowledge and possess expertise in the specific issues that a woman may face, and know how to deal with them in the most effective manner.
- They must possess Knowledge of psychological theory and practice, an ability to relate to and empathise with a range of people, good teamworking skills, excellent communication skills, demonstrate sensitive listening and questioning skills.
- The Clinical counselling psychologist is expected to report to Associate Program Director

DUTIES & RESPONSIBILITIES:

- Providing counselling interventions to women facing mental health conditions and requiring immediate attention
- Handholding and supporting the intervention team in conducting screening and assessment of mental health conditions in community
- Administering psychological testing to diagnose psychological, emotional or behavioural disorders amongst MWRA
- Designing and developing module for mental health interventions and linking it to improved developmental status of children less than 3 years of age in community
- Devising, developing and implementing therapy or treatment for individual women
- Observing, monitoring and testing the right therapy for its effectiveness
- Maintaining accounts and keeping records of a client's progress
- Coordination with clinical psychologist (managing cases of children facing violence) and community teams to ensure comprehensive care
- Steer the workshops on the subject to facilitate meaningful discussions
- Co-facilitate sessions with parents especially on topics of child care, mental health of children and development of psychological milestones in children
- Training the team members on gaining understanding on psychological issues and assessment tools of women and children
- Maintain documentation required in the project; preparation of tables and charts in Word, Excel and PowerPoint.
- Participation and contribution to the other activities and events of the HCP Program.

MANAGEMENT & REPORTING

- Report weekly to the Associate program director.

EDUCATION QUALIFICATION REQUIRED FOR THIS POSITION

- Educational qualification: **Master's Degree or higher in a relevant field (counselling, clinical and mental health field) from a recognised institution.**
- **At least 3 years work experience in the area of working with women and children**
- Experience in development of projects (Child health and development, maternal mental health screening, management and treatment) an advantage.
- Experience of working in a community setting is preferred.
- Effective training skills and excellent communication skills, including documentation.
- Well-versed in database management, data collection, MS Excel, Word, PowerPoint.
- Oral and written command of English and Hindi.

ESSENTIAL

- Strong skills of testing, assessment and therapy
- Effective coordination with team members: setting clear expectations, tracking progress and communicating information people need on their jobs.
- Ability to collaborate with a variety of stakeholders in the field.
- Work according to the ethical standards of the project and the organisation.

- Networking and coordination with facilities supporting for therapy and treatment.



Desirable

- Achievement mindset to accomplish project goals.
- Effective communication, personal, and interpersonal skills.
- Sound values and work ethics.
- Open to diversity and respect for everyone.
- Thorough understating of human behaviours and therapy based interventions.
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APPLICATIONS

Interested candidates can send CV via email on: shikha.kotian@snehamumbai.org to with Subject line: **SNEHA: HEALTHY CITIES PROJECT –Consultant Clinical Psychologist-Malvani**

