

## JOB DESCRIPTION



**OPENING FOR: CLINICAL PSYCHOLOGIST**

**NAME OF THE PROGRAM: EMPOWERMENT HEALTH AND SEXUALITY OF ADOLESCENTS**

**ROLE REPORTS TO: ASSOCIATE PROGRAM COORDINATOR**

**JOB LOCATION: DHARAVI, KANDIVALI, KALWA**

**NO OF POSITION TO HIRE: 1**

### **ABOUT SNEHA**

A secular, Mumbai-based non-profit organisation, SNEHA believes that investing in women's health is essential to building viable urban communities. SNEHA targets four large public health areas: Maternal and Newborn Health, Child Health and Nutrition, Sexual and Reproductive Health and Prevention of Violence against Women and Children.

Our approach is two-pronged: it recognises that in order to improve urban health standards, our initiatives must target both care seekers and care providers. We work at the community level to empower women and slum communities to be catalysts of change in their own right and collaborate with existing public health systems and health care providers to create sustainable improvements in urban health.

### **ABOUT THE PROGRAM**

SNEHA's programme Empowerment Health and Sexuality of Adolescents (EHSAS) works on Empowerment of adolescents and youth in vulnerable communities in Dharavi, Kandivali and Kalwa. We are making efforts towards empowering the adolescents between the age group of 10 to 19 years with the knowledge and perspective building on gender, sexuality, sexual reproductive health and hygiene, physical health, gender based violence and prevention of child sexual abuse.

### **THE PROFILE**

#### **RESPONSIBILITIES (DAY TO DAY ACTIVITIES)**

- To plan, design and assist in conducting consultations related to enhancing the adolescent mental health intervention – to include supporting conceptualization in a larger context
- To lead the development of screening tools for identifying adolescents with mental health issues in conjunction with the research team gathering evidence from the field
- Review scales and tests to be applied to different sets of adolescent groups for assessment of levels of anxiety and depression
- Planning pilot testing of relevant tools and techniques with various adolescent groups
- To co-ordinate with Monitoring and Evaluation team for screening data and planning intervention steps
- To Demonstrate and deal with adolescents with mental health issues effectively through therapy and psycho social support.
- To supervise clinical Psychologists across all the sites and guide them in screening, treatment, referrals and troubleshooting
- To train EHSAS staff to screen adolescents for mental health issues and plan appropriate interventions along with the program team
- To prepare periodic capacity building plan for developing a cadre of barefoot counselors
- To build the capacity of staff to deliver sessions on emotional resilience, mental health and analysis of pre and post intervention on emotional resilience
- To conduct capacity building sessions on mental health with parents, health system and ICDS staff
- To guide EHSAS team in planning and executing community and digital campaigns on mental health
- To provide relevant analysis of data from practice to policy implementation and advocacy of issues of

mental health management in adolescents

### **ESSENTIAL**

#### **REQUIREMENTS: SKILLS AND EXPERIENCE**

- Educational qualification: Master's Degree in Clinical Psychology
- At least 5 years of experience of working as Clinical Psychologist and using different scales and treatment patterns
- Prior experience of working with adolescents preferred, including capacity to facilitate group processes – keenness to use digital/social media for building capacities
- Command over English and Hindi

#### **PERSONAL ATTRIBUTES AND MANAGERIAL COMPETENCIES**

- Ability to work in a team and create equal opportunities for all
- A gender perspective that integrates understanding of team members and young people
- Ability to train staff on adolescent mental health issues.
- Ability to develop training modules on mental health for different stakeholders
- Ability to carry out mental health screening, analyse data and plan treatment for those identified with issues.
- Excellent skills of interpersonal communication, presentation skills, writing in English, analysis of complex documents
- Problem solving ability and ability to multi-task and work simultaneously on different projects
- Working effectively through established systems, procedures and people interactions to streamline intervention
- Flexibility in time management.
- Willingness to travel within Mumbai

### **APPLICATIONS**

Interested candidates can send CV via email on: [shikha.kotian@snehamumbai.org](mailto:shikha.kotian@snehamumbai.org) OR [recruitment@snehamumbai.org](mailto:recruitment@snehamumbai.org) to with Subject line: SNEHA: EHSAS-CLINICAL PSYCHOLOGIST-DHARAVI, KANDIVALI, KALWA

