

JOB DESCRIPTION



OPENING FOR: CONSULTANT- CLINICAL PSYCHOLOGIST

NAME OF THE PROGRAM: EMPOWERMENT HEALTH AND SEXUALITY AMONGST ADOLESCENTS

ROLE REPORTS TO: ASSOCIATE PROGRAM DIRECTOR

JOB LOCATION: DHARAVI AND KANDIVALI

ABOUT SNEHA

A secular, Mumbai-based non-profit organisation, SNEHA believes that investing in women's health is essential to building viable urban communities. SNEHA targets four large public health areas: Maternal and Newborn Health, Child Health and Nutrition, Sexual and Reproductive Health and Prevention of Violence against Women and Children. Our approach is two-pronged: it recognises that in order to improve urban health standards, our initiatives must target both care seekers and care providers. We work at the community level to empower women and slum communities to be catalysts of change in their own right and collaborate with existing public health systems and health care providers to create sustainable improvements in urban health.

ABOUT THE PROGRAM

Our vision of the EHSAS Program is to enable the health and wellbeing of adolescents and youth, and transform them into healthy, gender-sensitive and responsible citizens. The program's focus is on: 1. Health, 2. Gender equality, 3. Sexuality, 4. Prevention of violence against women and children, 5. Participation

An important learning from our intervention has been that the program requires a long term plan with creative strategies to sustain the interest of adolescents, and this helps to reduce the rate of attrition in the program. The information provided through participatory group education sessions if coupled with interesting activities, wherein adolescents get an opportunity to explore precarious and unanswered questions, leads to self and peer learning. We are introducing information, communication and technology in our program. We are in the process of developing website for adolescents, which is ancillary to SNEHA website. The program will engage the adolescents in workshops to create other web-based platforms like Facebook page and Wordpress blog. These web-based platforms will be managed by older adolescents in co-ordination with SNEHA staff.

ABOUT THE ROLE

The role of Clinical Psychologist is necessary for screening, identification and planning treatment for adolescents with mental health issues. The role also requires enabling EHSAS team to integrate mental health intervention

RESPONSIBILITIES

- Demonstrate and deal with adolescents with mental health issues effectively.
- To screen adolescents for mental health issues and plan appropriate interventions along with the program team in **Dharavi and Kandivali**.
- To conceptualize EHSAS mental health intervention in a larger context
- To build the capacity of staff to deliver sessions on emotional resilience and analysis of pre and post intervention on emotional resilience
- To assist EHSAS team in introducing mental health intervention in other sites

MANAGEMENT & REPORTING

- Report weekly to the Associate Program Director.
- Manage data capture, storage, analysis and reports.

- Contribute to the organizational culture and work of SNEHA to an appropriate degree

PERSON SPECIFICATION REQUIREMENTS

Essential

- Experience in Clinical Psychology practice
- Ability to train staff on adolescent mental health issues.
- Ability to carry out mental health screening, analyse data and plan treatment for those identified with issues.
- Excellent skills of interpersonal communication, presentation skills, writing in English, analysis of complex documents
- Education - Masters level in Psychology
- Interest in adolescent mental health issues
- Fluency in English, Hindi and Marathi.
- Self-starting and self-monitoring abilities.
- Flexibility in time management.
- Willingness to travel within Mumbai

Desirable

- Understanding of the policies related to adolescent health and mental health in particular in government programs
- Negotiation skills.

APPLICATIONS

Interested candidates can send their CVs via email to recruitment@snehamumbai.org OR suchita.yadav@snehamumbai.org with Subject line: **EHSAS- Consultant- Clinical Psychologist**