



SNEHA[®] Society for Nutrition, Education and Health Action

[REG. NO. E-17858(MUM)]

Healthy Women and Children for a Healthy Urban World

The TARA Trial

With funding from the Wellcome Trust, UK, we have recently begun work on a large trial that extends our program to areas of Mumbai that we have not previously worked in. The trial will test the effects of community mobilization through groups and volunteers to prevent violence against women and girls. Reviews suggest that community mobilization is a promising approach to preventing violence, but there have been few large enough trials of prevention programmes.

Our community intervention has been developed over 16 years of experience and two years of preparatory research, and is described in a theory of change. We will compare 24 areas receiving support services, community group, and volunteer activities with 24 areas receiving support services only, primarily in terms of effects on occurrence of intimate partner violence and domestic violence in the last year.

We will also examine disclosure of violence to support services, and community attitudes to violence, bystander intervention, gender equality, and occurrence of non-partner sexual violence. Backed by public engagement, advocacy, and open publication, our vision is of a replicable community-led intervention to address the public health burden of violence against women and girls.