



SNEHA Sandesh Vol I: October 2012



Society for Nutrition, Education and Health Action

Our Vision:
Healthy Women and
Children for a
Healthy Urban World



Maternal and Newborn Health is a program designed to influence the government to provide better services for mothers and babies in slum communities. We work with women in Mumbai communities to ensure they access

health care.

Our work has produced immense impacts on the neonatal mortality rates and has resulted in improved referrals to peripheral hospitals (from 38 % - 60%) thus reducing load on tertiary health services.



Prevention of Violence against Women and Children Program aims to provide crisis intervention to women and children facing violence in their immediate environment. We also work with those who face problems due to their

sexual orientation, disability or occupation.

We work in Dharavi, Santacruz and Mankhurd.

The testimonies of 75% of our clients have indicated improved health and enhanced family relationships after our interventions.



Child Health and Nutrition Program aims to reduce malnutrition in children in Mumbai slum communities, via the cycle of prevention, early identification and treatment by improving feeding practices of young children amongst mothers and

establishing Day Care Centres where severely malnourished children are treated.

60 Anganwadis mapped to date, approximately 4000 children under 3 identified as malnourished. 70 severely malnourished children referred to Nutrition Rehabilitation centre during screening process.



Sexual and Reproductive Health Program aims to empower adolescents and married women in urban slums with the right information and skills that enable them to make informed decisions about their sexual and

reproductive health and their family size. We work in Dharavi, Ghatkopar and Kandivali.

Over 1800 girls and boys have completed training, demonstrating change in knowledge, attitude, skills and safe practices. Use of modern family planning spacing methods increased from 12% to 30% in 1½ years in Rajiv Gandhi Nagar, Dharavi.

It gives us utmost joy to present our quarterly newsletter, SNEHA Sandesh, aimed at sharing with our wellwishers, the work we do at SNEHA.

We thank all our funders, partners, consultants and friends for their continued support.
...Team SNEHA

SNEHA wins ICICI CNBC TV18 Inclusive India Awards 2012



(L to R: Ms. Shireen Bhan, Shri. Kapil Sibal, Dr. Armida Fernandez, Ms. Chanda Kochhar and Ms. Anu Aga)

SNEHA's work in primary health was declared the recipient in the Emerging NGO category at the recently concluded ICICI CNBC TV18 Inclusive India Awards 2012.

The award was received by Dr. Armida Fernandez, Founder Trustee and Chairperson of the SNEHA Board at a fitting ceremony at the hands of the

Honourable Minister of Human Resource Development, Shri. Kapil Sibal.

The awards recognize and acknowledge individuals and organizations committed to creating meaningful, sustainable and scalable changes in the development sector.



Author Rashmi Bansal has dedicated a chapter to SNEHA's work in counseling victims of domestic violence.

She also thanks the team, especially Ms. Jenny Salam, from SNEHA's Crisis Centre team for the inputs.

News at SNEHA

Dekha Andekha, is an unique initiative which allowed diverse communities - local and established artists, urban slum dwellers and public health specialists to come together and have a discussion on health. These conversations were presented through the creation of works of art, co-created by established artists and the local artisans and culminate into an installation.

The installation was put together by 20 talented women from Dharavi and Santacruz, fusing together textile art, photography and pottery. Read more at dekhaundekha.wordpress.com

To organize a display at your organization, e-mail us at shama@snehamumbai.org or call 9820548215



Research at SNEHA

SNEHA CENTRE

A generous five year research grant from Wellcome Trust was awarded to SNEHA and Dr. David Osrin, Wellcome Trust Senior Research Associate and Reader, University College London, as his senior fellowship.

This cluster randomized controlled trial is to test the impact of running SNEHA centres in vulnerable slums of Mumbai. These slums are hubs and instruments of change in the defined community they would serve. The area selection, model design and evaluation have been finalized.

The intervention has been rolled out in the extremely vulnerable poorest and largest slum population with the worst health indicators in the city, the M/East ward of Mumbai. Ethical approval has been received from the Multi Institutional Ethics.

Round table discussion - EQUINAM

'Learning from stakeholders for health equity' was conducted on 24th April'2012 in Mumbai. Under the aegis of the New ideas Initiative, as part of the Equinam project which is a collaboration between SNEHA, University College London and partners across India, Bangladesh, Nepal and Malawi. Supported by the Economic and Social Research Council - Department of international Development (ESRC-DFID), which works towards achieving equitable improvements in newborn and maternal health.

The aim is to build on others' experiences of what works best to reach lower socioeconomic groups and reduce health inequalities. The round table brought together a healthy mix of expert practitioners, senior academicians' and medical experts to exchange ideas and evidence on how to achieve inclusive development and reduce health inequalities.

Recent Publications:

Stillbirths and newborn deaths in slum settlements in Mumbai, India: a prospective verbal autopsy study - Ujwala Bapat, Glyn Alcock, Neena Shah More, Sushmita Das, Wasundhara Joshi and David Osrin
(<http://www.biomedcentral.com/1471-2393/12/39>)

Community Mobilization in Mumbai Slums to Improve Perinatal Care and Outcomes: A Cluster Randomized Controlled Trial - Neena Shah More, Ujwala Bapat, Sushmita Das, Glyn Alcock, Sarita Patil, Maya Porel, Leena Vaidya, Armida Fernandez, Wasundhara Joshi, David Osrin
(PLoS Medicine | www.plosmedicine.org 1 July 2012 | Volume 9 | Issue 7 | e1001257)

Walk/Run for SNEHA at



<http://www.footsteps4good.org/#register>

Standard Chartered
Mumbai Marathon
2013



More women die due to gender based violence than diseases. If the woman is happy and healthy, so is her family and society. Lets be the voice for those who are afraid to speak up.

Run for SNEHA at the SCMM2013
on the 20th January, 2013.

http://unitedwaymumbai.org/ngo100_sneha.htm

Every Woman and Child Counts



Come, help us build a healthier society.

Support us at the India Giving Challenge 2012 by logging on to the link below and donating generously.

<http://www.giveindia.org/iGive-snehsigc>



www.snehamumbai.org

<http://www.facebook.com/SnehaMumbai>

<http://www.youtube.com/snehamumbai>

<http://www.flickr.com/photos/65668597@N05/>

Empowering Women

Quiltessentially SNEHA

One of the visitors commented” SNEHA quilts brought back to me my childhood. Just like the quilted blankets put together by my granny in the village. It's a warmth that no blanket can give”

The SNEHA livelihood project that was conceptualized and initiated in the October of 2009 aims to teach women from the adjoining slums a variety of skills and also provide them with gainful employment. What began as a pilot project as a way to empower women has now become a full-time livelihood program that is bringing ever increasing publicity to SNEHA.

Started with pooled fabric donations from well-wishers the quilts project is growing from just an idea into a full-fledged initiative. SNEHA has showcased at corporate houses and in cooperative housing societies. The product range created by the women from vulnerable communities includes bags, table linen, curtains and floor throws. The quilts are the mainstay and each is unique. The patchwork embodies what SNEHA stands for i.e. weaving together of lives and communities in the areas they serve.

The program expects to scale up considerably in 2012, increasing the number of women employed widening the product set, opening new premises at Dharavi and introducing new skills to the women.



Open your arms to change but don't let go of your values ...His Holiness the Dalai Lama

When recollecting all that happened at SNEHA in the past year one sees a vibrant palette of figures, numbers, images and people. The year 2011-2012 has been a year of intense activity. New projects started, some being bid goodbye, new funders, change of leadership, new project sites, advent of technology, a surfeit of volunteers from India and overseas.

At SNEHA we look ahead with new dreams.

The Maternal Newborn Health program is expanding its scope to reach and serve the under-served in the Mira Bhayander, Dombivali and Thane areas.

The Sexual and Reproductive Health program is venturing into new geographical areas and expanding to engage men more actively in the family planning process.

The Prevention of Violence program is expanding its hold on the Protection of Women from Domestic Violence Act and building linkages.

The AAHAR project will enter the crucial phase of expansion and consolidation.

Twelve SNEHA centres and six Day Care Centres have been rolled out to act as Hubs in the community offering all of our program work under one roof.

A SNEHA business model to make the centres self-sufficient is on the anvil.

At SNEHA the enthusiasm is palpable as we are swept by change and our dreams see fruition. We continue to dream and strive to keep our values intact, as we open our arms to change.

Donate

We've touched 2,00,000 lives. Another 19.8 million are waiting. We need your support to make that difference.

Provide one adolescent with life skill education	Rs. 1000
Cover cost of counselling and resettling one woman in crisis	Rs. 5000
Fund monthly salary of one community worker	Rs. 5000
Provide medical nutrition therapy to one severely malnourished child	Rs. 4000
Help SNEHA create a healthy urban world	Any Amount

Log on to: <http://donation.snehamumbai.org/donation.asp>

All donations to SNEHA in local Indian Rupees qualify for 50% deduction u/s 80G (5) of the Income Tax Act, 1961.

For donations from US (which are eligible for tax benefits u/s 501(c)(3)) you can donate via Samhita's partner, Global India Fund at www.globalindiafund.org.

